

# BLACK LAKE SIDE LIMITED

.....Growth and Purpose by the hour .....

## POWER HOUR: Grow Your Mindset • Refresh Your Life

**DATE:** 23 May , 1:30 – 3:00 GMT | **VENUE:** Online | **FREE EVENT**

1. **Growth mindset:** What it is and why it matters
2. **Your value & purpose:** Uncover what makes you unique—and live it
3. **Winning habits:** How to build and sustain habits that support your goals
4. **Leveraging AI:** Tools available for personal growth and development

Facilitated by: Damian Sancho BSc Cert IOSH MIScT, a qualified Health, Safety & Wellbeing Coach with over 20 years of experience in cultivating high-performing teams and fostering growth mindsets at AstraZeneca, IOSH, NHS, and Kings College.

### ***Bonuses for attendance:***

- [Free Life planner](#) workbook (worth \$10)\*
- Free membership of our online WhatsApp Community Group

## READY TO JOIN?

**Contact:** [info@blacklakeside.com](mailto:info@blacklakeside.com)

Go to the **“Book Online”** page from the menu tab =