

Workshop Description

Growth Mindset

If you've feeling a bit uncertain or unsure what life will look like as the world changes with the growing use of Artificial Intelligence, **Growth Mindset** is going to put things in perspective. This carefully designed interactive workshop will help you to understand how to build resilience and be confident and positive in your approach to moving through life change.

What's on the inside

- Exercise to uncover your values, passions, and purpose
- Powerful real-life examples of how a growth mindset set you up for success
- Tips for tracking progress and staying motivated through change
- AI-powered prompts for deeper clarity and creative planning

Why You'll Love It

- It is informal and insightful
- You get to practice and walk away with tools to use right away
- It is designed with space for real discussion and connections
- Blends reflection, structure, and motivational content

Who It's For

This workshop is perfect for anyone ready to live with intention and direction. Whether you're starting fresh, seeking clarity during change, or wanting to realign with your passions, the workshop will give you the structure to plan confidently—and the tools to keep evolving along the way.

What Makes this workshop different

Unlike many webinars, this workshop has no upselling, and it avoids repetition or excessive promotion. Its goal is to provide genuine value so you will want to return for future workshops and share your experience with others.